



*Pioneering Socioeconomic Solutions
& Development*

Module Code: IE 05

Module Title: Mindset & Psychology of Inspiration

Faculty: Postgraduate Inspiration Economy

Level: 9 Semester: Two

Credits: 10

First year of presentation: 2024

Pre-requisite or co-requisite modules: None

1.0 Allocation of study and teaching hours

Student hours allocation	Student Hours	Staff hours
Lectures (Taking Discussion Notes, Participation in Visits and Active Contribution)	10	50
Practical classes/ Presentations/ Inspiration Labs (Module Project & Presentation)	35	20
Self-directed study, Set reading etc. (Student case studies)	15	_____
Assignments – preparation and writing	15	10
Examination (Open Book) – Assessment	25	20
TOTAL	100	100

2.0 Brief description of aims and content

The module targets to establish the linkage between the concepts of inspiration and positive psychology. The students in this module are asked to measure the effectiveness of the mindset (which is a collection of assumptions, behaviours, attitudes and reflections) on the total inspiration journey. The positive psychology history and development of its practices are discussed. The human brain development, especially in a knowledge-based economy, is also discussed in detail. This module presents the main guidelines of what and how to deal with the mindsets of any project stakeholders as part of the process of change and inspiration engineering.

The module is full of practice of futures thinking, and it can be developed and applied. The students would be more competent to spot opportunities for innovation and niches of creativity faster. It pushes the students to be pioneers of the future, instead of letting the future design their fate. The faculty would work on developing a more future-oriented mindsets that make positive changes in their own life, as well as in their surroundings.

3.0 Learning Outcomes

The students of this module will have acquired the following learning and experience:

- ✓ Critically Understand how the brain, the heart and the human mindset work
- ✓ Review the positive psychology in the last decades and what its relation to the inspiration economy projects.



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- ✓ Realise how to excite or change the mindset of the inspiration project stakeholders and maintain their sustained inspiration.
- ✓ Effectively illustrate how the inspired mindset can be a source for differentiation for the project outcome.
- ✓ Utilise modern tools and methods that help to sustain the mindset development and engagement with socio-economic projects.

4.0 Cognitive/Intellectual skills/Application of Knowledge

Having successfully completed all the modules of resilience economy, students should be able to:

- ✓ see opportunities inside contemporary and future challenges, using lots of positive psychology techniques;
- ✓ Solve, Develop, Improve life and livelihoods conditions in the communities, whether in urban or rural areas.
- ✓ Specialise in eliminating poverty, improving equality, and empower the vulnerable.
- ✓ Work on creating participatory community programs in collaboration with government and NGOs.
- ✓ Identify opportunities and work on improving or fostering collective strategies to maximise the successes from the management of change efforts.
- ✓ work with the employees to improve the culture of the organisation and adapt to new conditions or ensure the transition or transformation to the new state.

5.0 General Transferable Skills

Having successfully completed all the modules of Resilience economy programme, students should be able to:

- ✓ Identify, or exploit opportunities around the problem and then to analyse them to develop short- and long-term solutions.
- ✓ Be Unique in research, and creativity, besides can work with diversified teams.
- ✓ Demonstrate profound knowledge in the field of Resilience Economy and its related practice while applying its relevant theoretical and practical frameworks.
- ✓ To synthesise and critically evaluate with empathy challenges, problems, ideas, opportunities and observations from multiple sources and from different perspectives, i.e. with holistic thinking, in order to develop coherent and evidence-based arguments.
- ✓ Creatively and systematically address complex socioeconomic issues and develop practical and innovative solutions.

6.0 Indicative Content

- ✓ *Introduction to the human physiology and constructs of the Inspiring Mindset*
- ✓ *Reviewing the history of positive psychology and its concentration on the mindset*
- ✓ *Problem Solving and the Role of the Mindset*



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- ✓ *Researching how can Create Community Development by changing the Mindset*
- ✓ *Identifying Cases where the mindset made a difference in Socio-economies*

7.0 Learning and Teaching Strategy

<i>Month</i>	<i>Date</i>	<i>Topics covered</i>	<i>CILOs</i>	<i>Teaching Method</i>	<i>Assessment</i>
1	Jan	<i>Introduction to the human physiology and constructs of the Inspiring Mindset</i>	1,2	<i>Lecture/ Discussion</i>	<i>Active Participation</i>
2	Feb	<i>Reviewing the history of positive psychology and its concentration on the mindset</i>	1,2,3	<i>Lecture/ Students Presentations & Discussion</i>	<i>Assignment #1</i>
3	March	<i>Problem Solving and the Role of the Mindset</i>	2,3,4	<i>Lecture/ Discussion/ Projects/ Case Study</i>	<i>Case #1 Inception of Module Project</i>
4	April	<i>Researching how can Create Community Development by changing the Mindset</i>	3,4,5,6	<i>Research Analysis Application</i>	<i>Research & Active Participation</i>
5	May	<i>Identifying Cases where the mindset made a difference in Socio-economies</i>	2	<i>Lecture/ Students Presentations, Discussion</i>	<i>Project Continuation</i>
<i>June</i>			<i>Open Book Exam</i>		

8.0 Assessment Strategy

- Taking Discussion Notes,
- Participation in Visits and Active Contribution
- Assignments
- Students Case Studies
- Module Project & Presentation
- Final (Open Book Exam)

9.0 Assessment Pattern

Components	Weighting (%)	Learning objectives covered
In-module assessment:	30%	
Taking Discussion Notes, Participation in Visits and Active Contribution		1,2,3,4,5,6
Assignments		
Students Case Studies		



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Final assessment:	70%	
Module Project & Presentation	45%	
Final Assessment (Open Book Exam)	25%	1,2,3,4,5

10.0 Strategy for feedback and student support during module

Each Presentation is marked, marks post on the module Web on the University Postgraduate Online Campus Platform, with immediate feedback (direct contact with the student or contact through the online modules platform); Specimen examination papers and solutions available.

11.0 Indicative Resources

Besides the international references in the relevance to the module, the following are the IIEP published research:

Book of Reference No 1

Buheji, M (2016) Handbook of Inspiration Economy. Bookboon, London, UK. ISBN: 978-87-403-1318-5.

Book of Reference No 2

Buheji, M (2019) Designing a Curious Life, AuthorHouse, UK. ISBN- 9781728386171

Paper References

1. Buheji, M (2020) Psychological Resilience and Poor Communities Coping with COVID-19 Pandemic, International Journal of Psychology and Behavioral Sciences, Vol. 10 No. 4, pp. 100-108.
2. Buheji, M; Ahmed, Dunya and Jahrami, H (2020) Living Uncertainty in the New Normal, International Journal of Applied Psychology; 10(2): 21-31.
3. Buheji, M (2020) Psychological Resilience and Poor Communities Coping with COVID-19 Pandemic, International Journal of Psychology and Behavioral Sciences, Vol. 10 No. 4, pp. 100-108.

12.0 Other resources used (e.g. e-Learning, field visits, periodicals, software, etc.):

- a) Additional required materials will be provided throughout this module in a soft copy.
- b) Field Visits will be arranged based on students availability in the Morning or Afternoon to certain entities that have managed to bring solutions for complex problems, or have a problem that needs to be investigated.
- c) Case Studies of both Resilience and similar concepts that lead to love models creation that influenced the socio-economy.



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